

## MHES Weekly Calendar March 11 – 15, 2024

**A note from Mr. Tref** – [trefc@calvertnet.k12.md.us](mailto:trefc@calvertnet.k12.md.us)

- Monthly Student Council Meeting on Friday, March 8, 2024. Our special guest was Jordan Hayes, the current student member of the Calvert County Board of Education.



### Calvert County Public Schools

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#### CCPS' Patuxent High School Student Sworn in as Student Member of the Board



Calvert County Public Schools (CCPS) is pleased to announce that Jordan Hayes rising junior at Patuxent High School was elected to serve as the 2023-2024 Student Member of the Board of Education by the Calvert Association of Student Councils (CASC). Miss Hayes was sworn in at the May 11, 2023, BOE meeting. Her term will begin on June 1, 2023.

When asked how she will work to represent students, Miss Hayes shared, "I will hold regular student focus group meetings open to all Calvert students, without any age parameters, to gain opinion and perspective on current Board of Education topics as well as areas of concern. Using personal experience and input from students all across Calvert, I will work with the Board to improve the school experience for students."

Miss Hayes has held numerous leadership positions to include the Maryland Association of Student Councils Student Workshop Coordinator, Maryland Association of Student Councils Liaison, PHS Class of 2025 President, PHS Student Government Association (SGA) Vice President, MASC Division 7 Liaison, CASC Special Issues Department Director, CASC Student Workshop Coordinator, CASC Forum's Coordinator, Southern Middle School (SMS) President, SMS SGA Vice President, and SGA Historian. Additionally, Miss Hayes is a member of the PHS Varsity Cheer Team, Key Club, Chamber and Advanced Orchestra programs, as well as Lung Health Ambassadors program.



Ms. Jordan Hayes

## MHES Parent Teacher Association (PTA) Updates ([mhespta.com](https://mhespta.com))

- **Come join us in supporting MHES by treating yourself to some JesseJay's on March 13th!** For anyone who mentions this fundraiser when ordering, either dine in or carry out, JesseJay's will donate a portion to MHES
- **\*\*NEW\*\* 5th Grade Yearbook Dedications are on sale now and can be ordered [here](#).** Order by March 18, 2024.
- **\*\*NEW\*\* Yearbook Designers Wanted:** If you have an eye for layout we would love your help in designing our school yearbook. If you're interested please email Jen Elledge at [yearbook@mhespta.com](mailto:yearbook@mhespta.com). Computer whiz is not a requirement 😊
- **March 21st - "Lots of Socks" World Down Syndrome Day:** Rock your crazy socks to recognize [World Down Syndrome Day!](#)
- **\*\*NEW\*\* Tie Dye Bash - April 21st, 11 am-1 pm:** Dunkirk District Park, Shelter 4. Pre-register [here](#).
- **Lunchroom Volunteers:** This volunteer position is super helpful and helps to alleviate a staff member from being in the cafeteria. If you're available for an hour during the day please consider [signing up](#) for one of these spots
- **Yearbook Sales Have Begun and will end on April 15th. Order yours [here](#).**
- **Spirit Wear -** Order your **shirts, sweats, hats, and water bottles** and be ready for Spirit Wear Fridays using [this link](#). **Croc Charms** are NOW AVAILABLE for purchase from the [PTA store](#).
- **Yearbook Photo Submissions:** [Click here](#) to access and upload pictures in the Photo Circles that have been created for the 2023-2024 school year or email photos to [yearbook@mhespta.com](mailto:yearbook@mhespta.com).
- **Check out our [website](#) to get more information about the following:**
  - **Volunteer Opportunities**
  - **Lost and Found**
  - **Passive Fundraising**

### Mental Health Tip of the Week

**Let's create a calming corner at home!** Here are steps you can take to create an area your child can use to reset while experiencing big emotions. 1. Partner with your child to decide on a location that's in a safe, distraction-free spot. Let your child decide how they would like to set up the space. 2. Provide expectations for using this space. This helps to ensure that the space is not being used to avoid responsibilities. Teach your child how to use coping skills and how long it should take to reset. 3. Use this spot as a tool, not a punishment. If it is seen as a "time-out" spot, your child may be resistant to using it. Encourage your child to use the corner by saying something like "I wonder if you might feel better if you hung out in your calming corner for a little bit. What do you think?" 4. Items to include in the space may be a comfy chair or blanket, sand timer, calming jar from my tip at the end of January, fidget toys, coloring pages, or anything else that may help your child calm down. Be sure not to add too much in the corner, which may overwhelm your child. For more information on creating a calming corner, check out this website: [How to Create a Calming Corner for Kids at Home | Strong4Life](#) Or feel free to reach out to me, Lindsay Davis LCSWC, school social worker at [davisln@calvertnet.k12.md.us](mailto:davisln@calvertnet.k12.md.us)

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**The Kiss N Go line is open from 8:25 – 8:38 each morning.**



**Pictures** – (first and last picture) Dr. Townsel, Calvert County Public Schools Superintendent, reads to second-grade and kindergarten classes; middle pictures – K celebrating National Read Across America Day

**Monday, March 11, 2024, B Day – Stir the Pot with Love**

- Second grade chess club 3:40 – 4:40 in the café (Mr. Treft)
- Black Eyed Susan club from 3:40 – 4:40 in the library (Dr. Sanchez)

**Tuesday, March 12, 2024, C Day – Attack the Problem not the person!**

- Fifth grade MISA testing
- Creative Writing club from 3:40 – 4:40 in the GATE classroom (Ms. Schneider)
- Girls on the Run 3:40 – 5:00 in the gym (Ms. Mackey, Halterman, and Rayfield)

**Wednesday, March 13, 2024, D Day – Be Kind**

- Fifth grade MISA testing
- SMECO fourth and fifth grade math teams meet from 7:40 – 8:25 (Ms. Bracey & Cannon)
- STEAM club for grades 3 & 4 in the GATE room from 3:40 – 4:40 (Ms. Staudinger)
- Chess club for grades 3 – 5 in the café from 3:40 – 4:40 p.m. (Mr. Treft)

**Thursday, March 14, 2024, E Day – G.O.A.L.S**

- Destination Imagination 7:45 – 8:25 a.m. in the GATE room
- Grades K, 1, 3 collaborative planning
- Girls on the Run 3:40 – 5:00 in the gym (Ms. Mackey, Halterman, and Rayfield)
- Drama Club from 4:30 – 6:45 p.m. in the café (Ms. Conklin)

**Friday, March 15, 2024, A Day – Only 54 school days in this school year**

- Deadline for fifth-grade parents to sign and submit their child's middle school course registration form.