

MHES Weekly Calendar June 3 – 7, 2024



Pictures (l to r) African Drumming Cultural Arts Assembly

A Note from Mr. Treft – treftc@calvertnet.k12.md.us

- I want to let everyone know that I will be leaving Calvert County Public Schools at the end of June to begin my tenure as a middle school principal in Dorchester County MD on July 1st. I planned to retire later this year, but after much reflection, I am not ready to retire. My experience at MHES has been nothing short of amazing. I want to thank the staff, students, parents, and the community for their support over the last eight years.
- A big thank you to our PTA for donating \$20,000 so we can finish purchasing new tables for the café!
- Please take a moment to complete this year's parent survey:

English: <https://www.surveymonkey.com/r/WFWV5FZ>

Spanish: <https://www.surveymonkey.com/r/WFWV5FZ?lang=es>

MHES Parent Teacher Association (PTA) Updates (mhespta.com)

- **Spirit Wear First Friday Contest:** June 7th, 2024 - This is the last Spirit Wear First Friday Contest for the school year! Let's show that **Mustang Spirit!!!**
- **Mustangs Take Me Out to the Ballgame Event** - Join us on Sunday, June 9th at the Southern Maryland Blue Crabs ballgame! Every ticket sold through our unique link will earn money for MHES! We encourage you to share this link with family, friends, and neighbors. All are welcome and we have no limit to the amount of tickets purchased through our link! So get your tickets now and plan to join us for a family fun day at the ballpark. Our group portal code is [mhes](#) - Get your tickets at https://mb1.glitnirticketing.com/mbticket/web/gp_list.php
- **Sailing off to Summer Lunch:** Please see this [link](#) to help us fill our lunch menu for the last day of school. We want to send our staff off with a great meal! Questions, or if you need to drop off before June 12th, email Staff Appreciation at: staffappreciation@mhespta.com
- **School Supplies Box Fundraiser** - Parents, the BEST way to buy school supplies for next year is with our partner, 1st Day School Supplies. Get the exact supplies your teacher requested packaged all in one beautiful, newly redesigned box. Order by July 1st at <http://1stdayschoolsupplies.com/kits.php?sid=47204>
- **Lunchroom Volunteers:** Headed into the last month of school! Get in while you can! If you're available for an hour during the day please consider [signing up](#) for one of these spots. Thank you!

- **Spirit Wear:** Order your **shirts, sweats, hats, and water bottles** and be ready for Spirit Wear Fridays using [this link](#). **Croc Charms** are NOW AVAILABLE for purchase from the [PTA store](#).
- **Photo Circles:** [Click here](#) to access and upload pictures to the Photo Circles created for the 2023-2024 school year.

Mental Health Tip

Mom, I'm Bored!! Who's ready for summer break? Are you ready to hear that dreaded phrase? The good news is there are benefits and remedies to childhood boredom. Many feel uneasy with downtime and combat it with over-scheduling. But boredom isn't a bad thing it is beneficial. Slowing down forces kids to be present and rest, an important life skill. Boredom can lead to problem-solving and creativity, forcing your kids to strategize a plan for what they would like to do without our scheduling. It enhances independence, which boosts confidence. It also improves their ability to manage emotions. By allowing kids to experience the frustration of boredom they are forced to cope with that feeling, which in turn prepares them for coping with other big feelings later. But how do we respond to avoid the chaos of stir-crazy kiddos? They will still need prompting and encouragement to problem-solve when boredom strikes. You could say something like "It sounds like you aren't sure what to do right now. I wonder what you'd enjoy if you let your mind wander for a moment." Or "What's something you haven't had time for lately that you'd like to do?" or simply "I'm excited to see what you come up with!" Check out this article for more details on what activities your child can do when bored. [Benefits of Boredom for Kids](#). As always, feel free to reach out to me, Lindsay Davis at davisln@calvertnet.k12.md.us.

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Pictures (l to r) – Fifth grade at West River

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Monday, June 3, 2024, C Day – “Attack the Problem not the Person!”

- Student in grades 3 – 5 leave laptops at school for the remainder of the school year
- Sole Remix cultural arts dance assembly for grades PreK – 5
- Spring iReady assessments

Tuesday, June 4, 2024, D Day – Be Encouraging

- Senior clap out at 2:45 p.m.
- Spring iReady assessments

Wednesday, June 5, 2024, E Day – Be Kind

- Kindergarten visits first grade
- Third grade end of year picnic
- 2-hr early dismissal for high school graduations (PHS @ 2:30; HHS @ 7:30 – Show Place Arena in Upper Marlboro – you must have a ticket to attend)

Thursday, June 6, 2024, A Day – “Stir the Pot with Love”

- Fourth grade end of year picnic
- 2-hr early dismissal for high school graduations (NHS @ 2:30; CHS @ 7:30 – Show Place Arena in Upper Marlboro – you must have a ticket to attend)
- Lunch Choices - Choice A: Cheese Quesadilla; Choice B: Chicken Nuggets

Friday, June 7, 2024 – B Day – G.O.A.L.S

- Fifth grade clap out @ 9 a.m.
- Fifth Grade Recognition @ 10 a.m. – Mary Harrison Center next to Northern High
- First grade end of year picnic
- Lunch Choices - Choice A: Meat Lovers Stromboli; Choice B: Chicken Nuggets